

AF²⁰²⁰
SRA

8th Annual Conference of African Society of Regional Anesthesia

Regional Anesthesia and Pain from Evidence to Practice

organized by



AFRICAN
Society of
Regional
Anesthesia

in collaboration with



GRAND NILE TOWER

**GRAND NILE TOWER
CAIRO**

16-17th Jan, 2020

www.afsra.org

Welcome Message



The African Society of Regional Anesthesia is pleased to invite you to the 8th annual conference that will be held at Grand Nile Tower, Cairo 16- 17th Jan., 2020.

A dynamic two days will focus on, in depth reviews and analyses of recent advances and state of the art regional anesthesia / analgesia.

In addition to the didactic program, a hands on workshops on ultrasound guided regional blocks (on live volunteers), will be carried out on Friday 17th Jan 2020 with a limited number of attendees on each ultrasound machine giving you a better opportunity in practicing by yourself the most recent regional blocks.

Who should attend Anesthesiologists, pain management practitioners and ER physicians who seek to learn the latest development in regional anesthesia and pain therapy.

Ezzat Samy

Prof. Dr. Ezzat Samy

Conference Chairman

AFSRA Board..

Ezzat Samy Aziz, MD, FRCA

AFSRA President

Amany Ezzat, MD, FIPP

AFSRA Secretary General

Nesrine El Refaay, MD

AFSRA Treasurer

Mohamed Ismail, MD

AFSRA Head of the Workshops Committee

Ahmed Abd El Razik, MD, FRCA

AFSRA Chairman of Scientific Committee

ESRAPM Board..

Maged El Ansary, MD

ESRAPM Egypt president

Maher Fawzy, MD

ESRAPM Egypt S. General

Mohamed Abdel Raouf, MD

ESRAPM Egypt Council member

Welcome Message



*Welcome to our 8 th annual AFSRA meeting
This year we made all our efforts to bring you the best of what we could
We brought you the 3D modality in our workshops for the first time in
Egypt and North Africa to help making the anatomy more visible to our
workshop attendees . We have got you also the first evolving chronic
pain simulator for the first time outside the United States. This year
also we are pleased to introduce our first AFSRA perioperative point of
care ultrasound (POCUS) teaching.
I wish you a fruitful meeting and enjoyable workshops*

Prof. Dr. Amany Ezzat
Secretary General

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DAY 1: Thursday 16th Jan 2020

08:30 - 09:30 Registration

09:30 - 10:00 Opening Ceremony

10:00 - 11:30 Session 1: Regional Block

Chairpersons: Ahmed Abd El Razek, Loran Soliman, Maher Fawzy

10:00 - 10:25 Regional Blocks for Acute Pain Management, What the Anesthesiologist Needs To Know

Loran Soliman, Cleveland Clinic

10:25 - 10:50 Acute Neuropathic Pain after Surgery

Sahar Ahmed Elkaradawy, Alexandria University

10:50 - 11:15 US Guided Techniques a Better Needling

Mohamed Mansour, Cairo University

11:15 - 11:30 Discussion

11:30 - 12:00 Coffee Break 

12:00 - 14:00 Session 2: Ob Gyne Anesthesia

Chairpersons: Inas kamel, Nabil Askalany, Tarek Abd El Bar

12:00 - 12:25 Post Dural Puncture Headache, A New Look At an Old Problem

Sabri Barsoum, Cleveland Clinic

12:25 - 12:50 Labor Analgesia...in Poor Resource Communities

Nesrine El Refaie, Cairo University

12:50 - 13:15 Top Ten Tips for a Perfect Epidural

Sabri Barsoum, Cleveland Clinic

13:15 - 13:40 **Regional Anesthesia for the Anticoagulated Patient**
Walid El Hemimy, Cairo University

13:40 - 14:00 **Discussion**

14:00 - 14:30 **Coffee Break** 

14:30 - 16:00 **Session 3: Chronic Pain Neuromodulation**

Chairpersons: Maged El Ansary, Mohamed Abd El Raouf, Rafik Al Alfy

14:30 - 14:55 **SCS.. Past, Present, Future**

Mohamed Abd El Raouf, Cairo University

14:55 - 15:20 **SCS Our Experience in Royal Medical Service - Jordon**

Mohamed El Shawgfeh, Jordan

15:20 - 15:45 **SCS Andfailed Back Surgery Syndrome**

Ali Alshoaiby, Ksa

15:45 - 16:00 **Discussion**

16:00 - 17:30 **Session 4: POCUS with A Live Demo**

Chairpersons: Ashraf Rady, Mohga Samy, Yehia Khater

16:00 - 16:15 **POCUS Introduction**

Loran Soliman, Cleveland Clinic

16:15 - 16:40 **Perioperative Transthoracic Echocardiography**

Mai Ahmed, Cairo University

16:40 - 17:05 **The Sound Of Air: Point-Of-Care Lung Ultrasound
in Perioperative Medicine**

Ahmed Mukhtar, Cairo University

17:05 - 17:30 **Ultrasound assessment of Gastric Content and Volume**
Ahmed Zaghlol, Cairo University

17:30 - 18:30 **Lunch with the experts, A scientific discussion**
"Anesthesia for Cesarean Section 20/20: what is new"
Dr. Sabri Barsoum

DAY 2 : Friday 17th Jan 2020

08:30 - 12:00 *Basic Ultrasound Guided Workshop.*

Ob - Gyne Anesthesia Techniques Workshop.

10:00 - 10:30 **Coffee Break** 

13:00 - 17:00 *Advanced Ultrasound Guided Workshop.*

*Ultrasound Guided Chronic Pain Intervention
Including Musculoskeletal Blocks Workshop.*

15:30 - 16:00 **Coffee Break** 

Office in Charge



GLOBAL EVENTS PLANNER s.a.e

Meeting & Incentive
Travel Exchange
a one-to-one event



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