

# **AFSRA** Board

Ezzat Samy Aziz, MD, FRCAAFSRA PresidentPresident of AFSRA 2021 CongressAmany Ezzat Ayad, MD, FIPPAFSRA Secretary GeneralNesrine El Refaay, MDAFSRA TreasurerMohamed Ismail, MDAFSRA Head of the Workshops CommitteeAhmed Abd El Razik, MD, FRCAAFSRA Chairman of Scientific Committee

Learning Guide Clinical & Practical

organized by



AFRICAN Society of Regional Anesthesia

in collaboration with



# Welcome M e s s a g e

Dear Colleagues,

After a long monitoring period of COVID-19 pandemic situation and its consequences on international travel, the AFSRA 2021 committee and board have decided to move the Congress partially virtual.

Moving online, will provide a great opportunity for our African colleagues to meet our international speakers without the expense of accommodation and travel.

We hope to welcome delegates from our own African society and our sister societies namely ASRA, ESRA, AOSRA and LASRA.

For those who have never been able to join our meetings before, the online format will meet their needs.

We have a comprehensive scientific program with virtual workshops, and we hope we will share our experience with anesthesiologists all over the world.

We hope that this crisis will be over soon. Wishing you to be safe and well.

Thank you very much and we look forward to welcoming you to AFSRA 2021

Yours sincerely,

Prof. Ezzat Samy Aziz, MD, FRCA President, AFSRA Prof. Amany EZZAT Ayad, MD, FIPP General Secretary of AFSRA



10<sup>th</sup> June, Physical/Virtual Meeting (at Steigenberger Hotel)

- 09:30 10:00 Welcome and President Speech
- 10:00 10.25 Regional Anesthesia for Obstetric Patient, Clinical Considerations Nesreen El Refaay, MD
- 10:25 10.50 Regional Anesthesia for Pediatric Patients, Clinical Considerations J Balavenkata Subramanian, MD
- 10:50 11.15 Perioperative Peri capsular Nerve Group (PENG) and SupraInguinal Fascia Iliaca (SIFI) blocks for hip analgesia Mark A Brouillette, MD
- 11:15 11:30 Questions
- 11:30 12:00 Break

#### 12:00 - 13:30 POCUS panel

From POCUS to WHOBUS: Expanding the use of perioperative ultrasound

- 1. WHOBUS in hemodynamically unstable.patients
- 2. WHOBUS in hypoxemic patients
- 3. WHOBUS in head trauma
- 4. WHOBUS in oliguric patients

#### 14:00 - 16:30 COVID-19 Updates

- 14:00 14:25 Obstetric Anesthesia during the COVIDEra Ruth Landau, MD
- 14:25 14:50 Lessons and opportunities for improvement in RA during the COVID-19 era"; Freddy Arica, MD, MSc, PhD
- 14:50 15:15; Opioid Epidemics During the Pandemic; Two Sides of one Story Amany Ayad, MD, FIPP
- 14:15 15:40 Chronic Pain Intervention during the Epidemics Reda Tolba, MD
- 15:40 16:05 E Learning during the COVID .. How we are doing
- 16:05 16:30 Questions and Answers



# **Basic US Regional Blocks**

Virtual live scanning demonstrations, audience polls and Q&A's through the online platform, These sessions will focus on Plan A blocks giving tips for managing upper and lower limb trauma inanition to truncal analgesia.

1-Neck and upper limb blocks Interscalene and Axillary blocks.
2-Lower limb : Femoral, Fascia ileaca and adductor canal.
3-Lower limb : Sciatic block and ankle block.
4-Abdomen and Back Blocks.

Workshop Organizer : Mohamed Mostafa Mohamed, MSc, MD , FRCA, DESA, EDRA Consultant Anaesthetist , North Cumbria University Hospital, UK



**RACER** (Regional Anesthesia Cardio thoracic Enhanced Recovery)

Workshop Organizer : Loran M. Soliman, MD, PhD Head of the Acute Pain Service, Cleveland Clinic

- > ESP (erector spinae plane)
- > Serratus block
- > PECs blocks
- > Pecto-intercostal (PI) blocks
- > TTP (transversus thoracis plane) block



## Chronic Pain Workshop

Workshop Organizer : Samer Narouze, MD, PHD President of the ASRA

### Techniques:

- > Occipital nerve block with ultrasound
- > Cervical facet medial branch block and RFA
- > Sphenopalatine ganglion (SPG) block



## Hybird Registration Fee: 10<sup>th</sup> June



### Workshops Registration Fee : 11th June

1. Basic US Regional Blocks	LE 500	US\$ 80
2. RACER	LE 700	US\$ 100
(Regional Anesthesia Cardio thoracic Enhanced Recovery)		
3. Chronic Pain Workshop	LE 600	US\$ 90

### **PAYMENT METHOD**

All payments will be made by bank transfer or cash deposit payable to

Bank Name: Banque Misr Bank Account: (الجمعية الأفريقية للتخدير الناحى) - بنك مصر - (الجمعية الأفريقية للتخدير الناحى) - Account Number: 143000100000434 EGP

For all applicants, Once all documents received and approved, a link will be sent to you shortly



For Sponsorship either ready package(s), customized sponsorship opportunities or special request call (with no obligation) for further assist and consultation.

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